FREE PRINTABLE KIT

FREE to print

BRIDGE KIT

Turn what works at home into support at school.



HOME SCHOOL

1. **Routine Cards** · cut-out picture cards for the day
2. **First / Then Board** · what comes now, what comes next
3. **Home-to-School Translator** · your tricks, in plan wording
4. **Meeting Prep Sheet** · walk in ready
5. **Support Tracker** · is it really working?

Made for parents and caregivers. Plan names and rules vary by location. General information, not legal advice.

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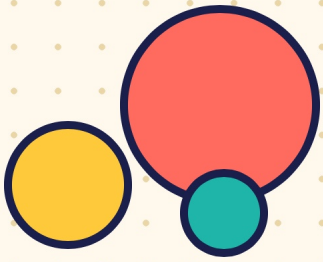
KIT 1 OF 5

My Day, In Pictures

Cut on the dashed lines, then line the cards up in your child's order.





Wake up



Get dressed



Eat breakfast



Brush teeth



Shoes on



Pack my bag



Go to school



Lunch time



Homework



Bedtime

Draw it or paste a photo here

Draw it or paste a photo here

Print on card stock · Cover with clear tape or laminate · Stick velcro dots on the back · Rearrange to match your child's real day

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KIT 2 OF 5

First... Then...

Show what comes now and what comes next. Slip in a picture card or draw it.

FIRST

Task picture card goes here

I will: _____

THEN

Reward picture card goes here

I get: _____

1 Show it

Put the task card under FIRST and the reward card under THEN.

2 Say it short

"First shoes, then park." Point to each card as you say it.

3 Celebrate

When FIRST is done, swap the cards, cheer, and add a DONE badge.

Cut out your DONE badges

DONE DONE DONE DONE

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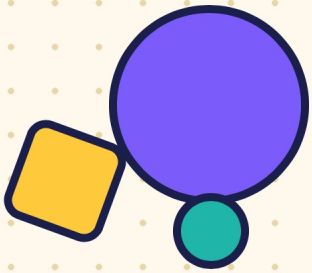
KIT 3 OF 5

Say It the School Way

Write what works at home on the left. Translate it on the right.



AT HOME what already works	AT SCHOOL how a plan says it
EXAMPLE Picture routine on the fridge	Visual schedule at my child's desk
EXAMPLE Timer for "five more minutes"	Visual timer and a warning before every transition

TOO VAGUE
"Help my child with transitions."

CLEAR AND SPECIFIC
"A visual timer and a 5-minute warning, with a picture of what comes next."

The magic formula for any request

WHAT	WHEN	WHO
The support, like a visual schedule	When it is used, like every subject change	Who provides it, like teacher and aide

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KIT 4 OF 5

Walk In Ready

What to bring, what to ask, and what to decide before the meeting.

BRING

- [ ] Photos of my home supports
- [ ] Notes on what works, and when
- [ ] My top 3 requests, written down
- [ ] Copies for everyone at the table
- [ ] A support person (friend, spouse, or advocate)
- [ ] My questions from the right-hand list

ASK OUT LOUD

1. How will this be used day to day?
2. Who will make sure it happens?
3. How will we know if it's working?
4. Can I share my home picture cards so things look the same?
5. When can we check in again?

My top 3 asks

	WHAT	WHEN	WHO
1			
2			
3			

After the meeting

- [ ] Everyone who works with my child has seen the plan
- [ ] I shared my home picture cards with the teacher
- [ ] First check-in booked for: _____

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KIT 5 OF 5

Is It Working?

Fill in each support. Color in the days it was used and circle how it went.

CHILD _____ WEEK OF _____ CHECK-IN _____

SUPPORT	M	T	W	T	F	DID IT HELP?
_____	○	○	○	○	○	No Some Yes
_____	○	○	○	○	○	No Some Yes
_____	○	○	○	○	○	No Some Yes
_____	○	○	○	○	○	No Some Yes
_____	○	○	○	○	○	No Some Yes
_____	○	○	○	○	○	No Some Yes

WHAT I NOTICED

_____

_____

_____

_____

_____

ASK FOR A REVIEW IF...

- ☐ My child isn't using the support
- ☐ It still isn't helping after a few weeks
- ☐ The plan isn't being followed
- ☐ Something has changed at home or school

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